

MISA Issues

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SA Providers Function

- ▶ Entry Point
- ▶ Abuse/Dependence Disorder primary diagnosis
- ▶ 70% present with secondary diagnosis
- ▶ Top Mental Disorders (at SH)
 - Anxiety
 - Depression
 - Bipolar
 - ADD
 - PTSD

SA Providers

- ▶ Provide help based on the patient's need (ASAM Assessment)
 - LOC
 - ▶ Detox
 - ▶ Residential (24/7)
 - ▶ Extended Residential (Halfway House)
 - ▶ Recovery Home (3/4 House)
 - ▶ Intensive Outpatient
 - ▶ Outpatient
 - ▶ Continuing Care

MI Assessment Challenges

▶ Level of Care

- Difficulty in assessment detox/early in tx
- Symptoms of w/d mask mental disorders
- Mental disorder symptoms surface weeks/months after detox.
- If mental disorder presents before admission to residential program, pt may already be connected to services.
- SH LOC and advantages of this type of structure-addressing issues over time/with family, etc.

Integrated Services

- ▶ Treatment at the same site with regular meetings and regular staff improves outcomes.
- ▶ Integrated treatment is more effective than having the individual receive services at multiple sites.

When Mental Disorder Surfaces

- ▶ Referrals
- ▶ ACCESS DuPage
- ▶ Circuit Riding Psychiatrist
- ▶ Medical Director
- ▶ Qualified Staff may address some issues with supervision and integration with other professionals.

When Mental Disorder Interferes with SA Treatment

- ▶ Referral to hospital setting
- ▶ Crisis unit
- ▶ Return to SH when mental health stabilized
- ▶ Mental Disorder may lead to SA relapse and necessitate higher LOC.

Obstacles

- ▶ SH and many SA tx providers are not set up with full medical and psychiatric staff to address some mental disorder stabilization processes.
- ▶ Some medications and stabilization processes may interfere with progression through some SA programs.

Gaps

- ▶ Facilities that address and can help with the short term relapse
 - Either SA or MI
 - Mental health relapse leads to substance abuse
 - Substance abuse relapse results in return of mental disorder symptoms

Funding

- ▶ SA patients are waiting for beds
- ▶ How do we care for those who are waiting for a detox bed?
- ▶ They then wait for weeks for a residential or extended residential bed.
- ▶ Resources for follow-up, case management and continuing care when they leave residential tx.

Strengths

- ▶ SA as an entry point
- ▶ SA providers understand how DD issues affect client, provide education and referrals.
- ▶ Many strategies used for relapse prevention and coping skills translate well into mental health treatment.
- ▶ Many SA providers have qualified staff to address and recognize MI symptoms.
- ▶ Medication monitoring at this LOC

Utilization

- ▶ All services are over-utilized.
- ▶ State funded SA facilities are under-staffed and under-funded
- ▶ SH could serve 70 Extended residential care clients today if funding were available